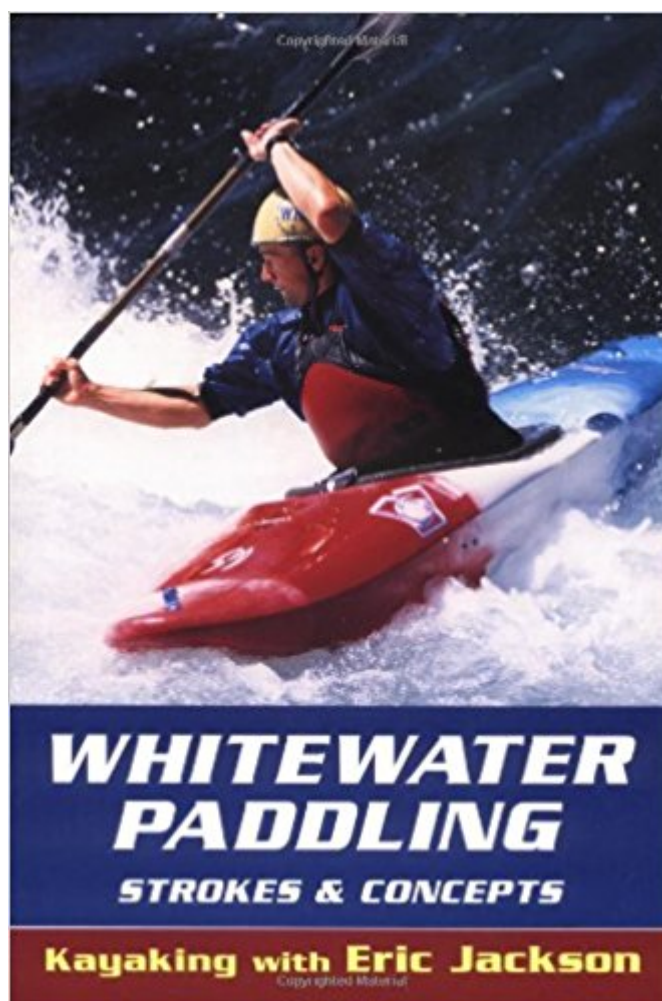


The book was found

# Whitewater Paddling: Strokes & Concepts (Kayaking With Eric Jackson)



## Synopsis

Expert instruction in beginning and advanced whitewater strokes Techniques illustrated in on-the-water photographs of a champion paddler When a kayaker perfects fundamental strokes before attempting to tackle whitewater, he is rewarded with efficiency, simplicity, control, and speed. Expert kayaker Eric Jackson provides detailed lessons on 16 such strokes, each illustrated in step-by-step photos of EJ in action on flat water and in the rapids. Each section includes advice on the early correction of common paddling mistakes, warm-up and practice drills, as well as how each lesson combines with others to improve technique.

## Book Information

Series: Kayaking with Eric Jackson

Paperback: 96 pages

Publisher: Stackpole Books (July 1, 1999)

Language: English

ISBN-10: 0811729974

ISBN-13: 978-0811729970

Product Dimensions: 6.1 x 0.2 x 9 inches

Shipping Weight: 7.8 ounces

Average Customer Review: 4.4 out of 5 stars 10 customer reviews

Best Sellers Rank: #1,031,329 in Books (See Top 100 in Books) #53 in [Books > Sports & Outdoors > Outdoor Recreation > Kayaking > Whitewater Kayaking](#) #903 in [Books > Sports & Outdoors > Outdoor Recreation > Boating](#) #2715 in [Books > Sports & Outdoors > Water Sports](#)

## Customer Reviews

Eric Jackson has won over 100 kayaking events--the most of any kayaker in history--including three men's pro World Championships, two Pre-World Championships, and one World Cup within the past fifteen years. He is the author of the bestselling kayaking books *Whitewater Paddling: Strokes and Concepts* and *Playboating*. Eric has also coached several kayaking teams to win major events, including teams with his children, who are both world champions. He lives in Walling, Tennessee.

Everybody knows EJ's an innovator and a great paddler. What I like is the explanations are so clear and there are drills which any level paddler can use to refine your skills.

Very informative

Excellent book!!! thank very much..I received ok!!!

All the new concept of the new era Kayaking . Is very useful Book. I surest to translate to Spanish

I am very left-brained and this book is very easy to follow and he includes good color pictures and step-by-step directions and he includes exercises to reinforce the methods.

Great book for ww paddler, A movie would be better, Oh, I did purchase his video on rollig and that was excellent.

Eric Jackson has put together the most concise and well thought-out book in modern kayak technique to have come out in years. An experienced class V+ kayaker myself, I found improvements I could apply to my every paddlestroke from this book. Even expert boaters will benefit on key points regarding modern school techniques from catching eddies and snapping sprayskirts to finding the optimal pressurization for floatbags. A must read for all serious paddlers.

If you can't take an EJ clinic, this is the next best thing. This book discards much of the "old school" of kayaking which was appropriate for older, longer boats, and replaces it with newer, smarter techniques appropriate for today's fast-turning playboats. Eric clearly understands the physics of kayaking, and communicates this to his readers in a concise, easily understandable style. This book is a wealth of information in a small package.

[Download to continue reading...](#)

Whitewater Paddling: Strokes & Concepts (Kayaking with Eric Jackson) Kayaking with Eric Jackson: Strokes and Concepts Paddling Tennessee: A Guide To 38 Of The State's Greatest Paddling Adventures (Paddling Series) Paddling Idaho: A Guide to the State's Best Paddling Routes (Paddling Series) Paddling Georgia: A Guide To The State's Best Paddling Routes (Paddling Series) Paddling Northern California: A Guide To The Area's Greatest Paddling Adventures (Paddling Series) Paddling Wisconsin: A Guide to the State's Best Paddling Routes (Paddling Series) Paddling Texas: A Guide to the State's Best Paddling Routes (Paddling Series) Paddling

Colorado: A Guide To The State's Best Paddling Routes (Paddling Series) Paddling Maryland and Washington, DC: A Guide to the Area's Greatest Paddling Adventures (Paddling Series) Sea Kayaking Central and Northern California, 2nd: The Best Days Trips and Tours from the Lost Coast to Pismo Beach (Paddling Series) (Regional Sea Kayaking Series) Kayaking with Eric Jackson: Rolling and Bracing Strokes Of Genius 6: Value - Lights & Darks (Strokes of Genius: The Best of Drawing) Strokes of Genius 7: Depth, Dimension and Space (Strokes of Genius: The Best of Drawing) Strokes of Genius 4: Exploring Line (Strokes of Genius: The Best of Drawing) Strokes Of Genius 8: Expressive Texture (Strokes of Genius: The Best of Drawing) Percy Jackson and the Olympians The Percy Jackson Coloring Book (Percy Jackson & the Olympians) Classic Northeastern Whitewater Guide, 3rd: The Best Whitewater Runs in New England and New York--Novice to Expert Northwoods Whitewater: A Paddlers Guide to Whitewater of Minnesota, Wisconsin, Ontario and Michigan Washington Whitewater: The 34 Best Whitewater Rivers

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)